

# The New York Public Library

# At Home Activities for Families

## All About Me Books

### Overview

You will work with your child to help them write and design a book about themselves!

### Ages

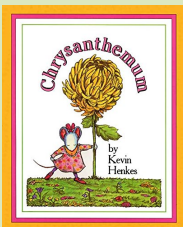
Appropriate for children ages 5-9

### Materials Needed for One Child

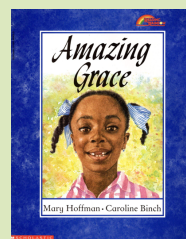
- Pencil
- One page of colored construction paper
- Two pages of blank white paper or All About Me Book Template (printable; optional)
- Colored pencils / markers / crayons
- Stapler

### Paired Books for Virtual Read Alouds

The e-books listed below can be accessed through the New York Public Library's digital collections and touch on the themes of the activity. We recommend reading them with your child before or after completing the activity.



**Chrysanthemum**  
by Kevin Henkes  
*Accessible through the  
Bookflix database*



**Amazing Grace**  
by Mary Hoffman  
*Accessible through the  
Bookflix database*



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## Activity Instructions

1. Tell your child that you are going to work with them to make a book that will tell other people about who they are. In the book they will get to draw and write about their family, their neighborhood, and their favorite things!
2. Tell your child that their book will have eight different pages and a cover. Fold two blank white pages of paper in half the short way. Number each half-page from 1-8. Review the instructions for each page (see below) with your child. Optional: Print out the All About Me Book Template and have your child complete the eight pages using the template.
  - **Page 1 – Self Portrait:** Have your child draw a picture of themselves on this page. Encourage your child to add in details like their eye and hair color, their favorite shirt, and more.
  - **Page 2 – Acrostic Name Poem:** Have your child write their name vertically on the left side of the page. They should write a word, phrase, or sentence that describes themselves using each letter of their name. For inspiration read the **Acrostic Name Poem Example** (pg. 3).
  - **Page 3 – My Favorite Book:** Have your child draw a picture of their favorite book and then write a few sentences about what the book is and why it is their favorite. Brainstorm with your child using the following questions: *What kind of books do you like to read? Do you have a favorite character? Can you remember the last book someone read to you?*



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- **Page 4 – Fun Facts About Me:** Have your child write their answers to the following facts about themselves: 1) their age, 2) their favorite color, 3) something they love to do, 4) their favorite subject in school, 5) their favorite food, and 6) what they want to be when they grow up.
  - **Page 5 – My Family Tree:** Have your child draw pictures of the people in their family. Consider drawing lines to show connections between people (for example: grandparents → parents). You can also include friends who are as important as family!
  - **Page 6 – My Favorite Season:** Have your child identify their favorite season (winter, spring, summer, or fall). They should draw a picture illustrating what they enjoy doing during that season and then write several sentences explaining why that season is their favorite and what they enjoy doing. After identifying their favorite season, brainstorm with your child: *What do you enjoy doing during this season? What is the weather like during this season? Are there special foods to eat in this season? Are there special activities to do during this season?*
  - **Page 7 – Neighborhood Map:** Have your child draw a map of their neighborhood including their favorite places. Some ideas for including in your neighborhood map: home, schools, libraries, parks, grocery store, etc.
  - **Page 8 – Your Choice:** What to draw or write on this page is up to you and your child!
3. Fold a piece of construction paper in half the short way. Put the completed pages inside and staple together. Have your child write “All About Me” on the cover and decorate it. Share your completed book with family and friends!

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## Acrostic Name Poem Example

**R**eads a lot

**A**lways helps others

**C**an make a cake

**H**as a pet dog

**E**specially scared of flying

**L**oves her friends and family



## **Your Choice!**

Draw or write something that will help other people learn about you!

## **My Self-Portrait**

Draw a picture of yourself below.

## **Acrostic Name Poem**

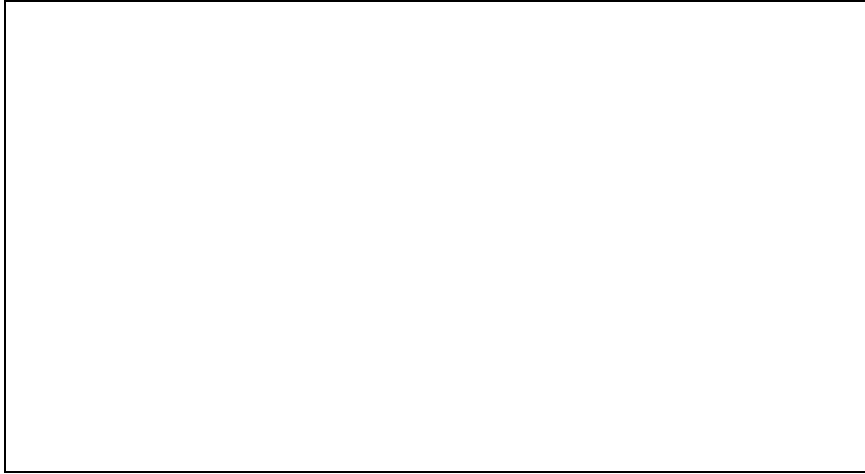
Write the letters of your name on the left-hand side of the page. Then write a word or a sentence about yourself starting with each of the letters of your name.

## **Neighborhood Map**

Draw a map of your neighborhood and your favorite places.

## **My Favorite Season**

What is your favorite season and why is it your favorite?  
Draw a picture and write about it.



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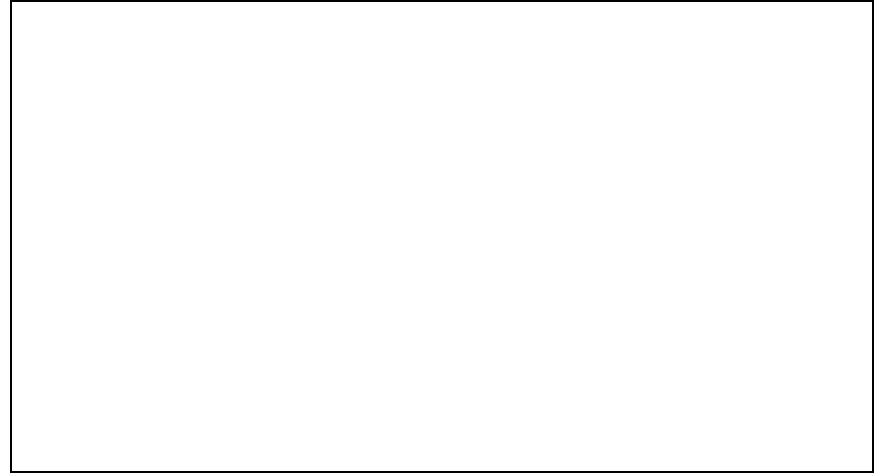
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## **My Favorite Book**

What is your favorite book and why is it your favorite?  
Draw a picture and write about it.



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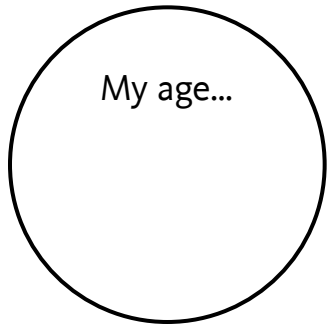
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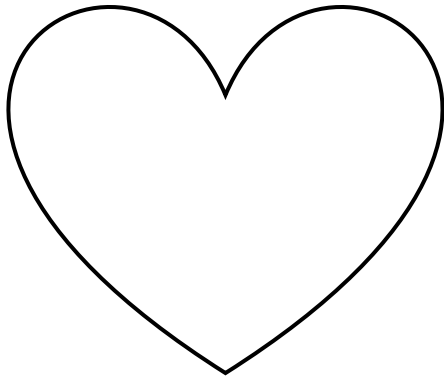
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## Fun Facts About Me

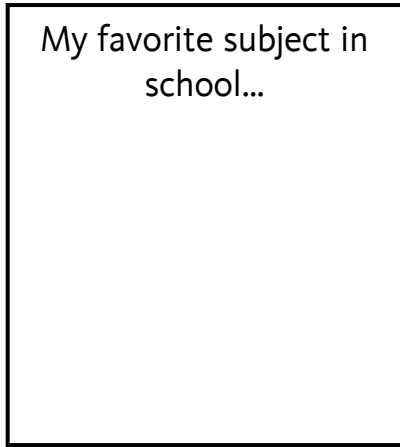
Answer the questions below about yourself!



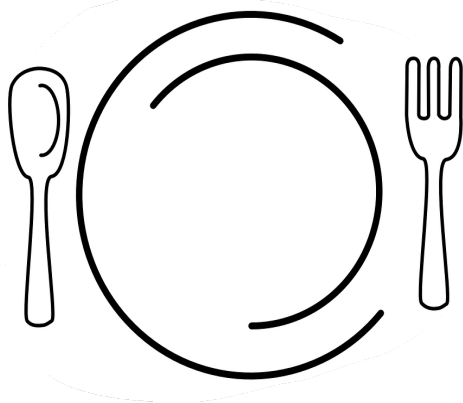
Something I love to do...



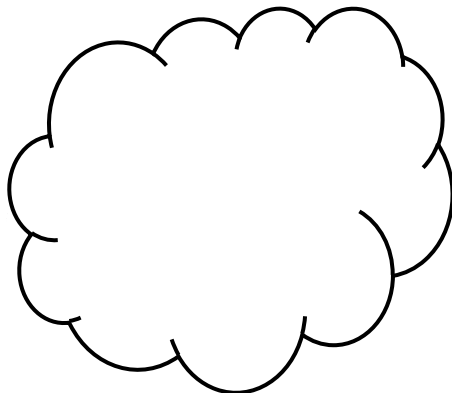
My favorite subject in school...



My favorite food...



When I grow up, I want to be...



## My Family Tree

Draw the important members of your family in the boxes below. Make sure to also write their names! (If you'd like you can also include friends who feel like your family.)
